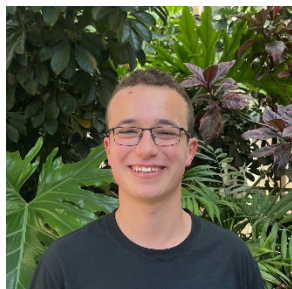


## Amitim 2025 Bios



**Uri Hirshman**

My name is Uri. I live in Jerusalem and study at Hartman High School. I grew up in Eliav, a small mixed religious-secular community in southern Israel, where my family lived in a caravan for seven years. I'm the eldest of three siblings, with two younger sisters.

At school, I'm majoring in Political Science and Jewish Thought. This year, I also completed a research paper through a program at the Hebrew University, exploring Russian immigration to Israel and comparing government integration policies from the 1970s and the 1990s. Even though this isn't my family's story, I was fascinated by immigration, especially in terms of language and cultural identity.

I love to cycle—I ride my bike to school and anywhere I can. I don't do it for the exercise; I just enjoy the journey. I love reading, and I'm passionate about cinema—I have a membership to the Cinematheque and go about once a week. It's an opportunity to take a break from my own life for a couple of hours and see the world. I'm a big fan of musicals—especially when I get to see them on stage—and I love the days afterward, when the songs are still playing in my head. I also collect vinyl records and am teaching myself to play the harmonica. It doesn't sound quite right yet, but I'm working on it.



**Shay Oskar**

My name is Shay, and I live in Dimona, a small city in the northern Negev region of southern Israel. It's a warm, familial community surrounded by beautiful desert landscapes. I'm the youngest of four siblings—my three older brothers are currently serving in the army. My family is traditional; we celebrate the holidays, and light candles and do Kiddush every Friday night.

At school, my favorite subjects are math and chemistry (especially when they make sense). I'm also involved in Model UN, where we simulate UN meetings, all in English. Each student represents a different country, researching and debating that country's positions on global issues. It teaches me a lot about world politics, diplomacy, effective debating, and negotiation skills.

I volunteer with Magen David Adom (Israel's national emergency medical service) as a first aid provider and instructor. I participate in ambulance shifts, treat patients, and train new volunteers.



In my free time, I love reading books, watching musicals, and playing board games. I'm passionate about Greek mythology, and my biggest dream is to have a superpower—just nothing related to time; paradoxes keep me up at night.



**Shahar Regev**

I'm Shahar, from Zikhron Ya'akov. I've moved around a lot—I lived in Tel Aviv, the U.S., spent eight years in Jerusalem, and eventually moved here to Zikhron. You could say my family is pretty non-traditional. I have two mothers and one sister. When I was three, my moms separated. In third grade, my mom met Shlomi, who also has a child, Eden. Today, we all live together in

Zikhron.

My mom is a Reform rabbi, so Judaism and tradition are very present in our home. Half of my extended family is Orthodox, which has given me a chance to get to know other streams of Judaism up close through holidays and Shabbat dinners. I go to Keshet, a joint secular–religious democratic school. I'm majoring in psychology and sociology, subjects I've been interested in since I was little. I'm also studying literature and philosophy at the University of Haifa—a program that's become a big part of my life, socially and intellectually, and has helped me realize how much I truly enjoy learning.

I've been part of the Society for the Protection of Nature's field units since 4th grade, and for the past two years, I've served as a youth guide. It's been deeply meaningful to me—giving back to younger participants, and passing on my passion for environmental protection and connection to nature.



**Daniel Uliel**

My name is Daniel, and I live in Kiryat Yam, near Haifa. I grew up in Har Adar, near Jerusalem. I'm the oldest of four siblings, with two brothers and one sister. As a family, we love to travel. When I was younger, we spent years exploring the country in our caravan, heading out on trips whenever we had the chance.

I enjoy sports, theater, writing, and reading—and I love the sea; it's my quiet place. I study at Re'ut Arts High School in Haifa, majoring in photography. In my free time, I work and play roller hockey. I'm both a player and a coach, and it's also my job. Guiding and mentoring are a big part of who I am. As the oldest sibling at home and as a coach on the hockey team, I've naturally taken on leadership roles. I run my own hockey business for kids and was a youth guide in the MASHATZ (youth leadership) program. Now, I lead the instructor course, training the next generation of youth leaders. One of the most important values in my life is love. It's the lens through which I try to see the world.